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From the President

Another successful Opening Day for Baseball/Softball was had by all. The weather held and all the games happened without incident. This is one day that everyone looks forward to as to many it signals that Spring has finally arrived and we are that much closer to Summer.

I would like to take this opportunity to say thank you to our Opening Day Committee led by Deb Norcross and all the volunteers who served with her. To put on a day like this takes many volunteers from the planning which begins many months before to the chair people and the managers and coaches who show up on prep day to get our complex ready. Then there are the people who stay after to tear everything down and put it all away. This day does not happen without the many hours that our volunteers put into it to make it a success. Our Baseball and Softball chairs put in countless hours starting in October, getting ready for the season that does not start until April.

So as you wander around the complex during your games this season please say thank you to our many volunteers who make this and all our programs happen. As luck would have it, we can always use volunteers to make this Rec Council the best it can be. So if you would like to join the group and help out, please see your program chair, manager or coach and volunteer. Even if it is only a few hours in the concession stand or helping run a fundraiser, we appreciate the help. After all this Rec Council is for you and we cannot run it successfully without your help.

I would like to ask that if you have any pictures from this or any Opening Day or game and would like to share them for putting in our Opening Day program, we would love to have them. Please send your photos from this year or any previous year to Chris Benjes at cbenjes@foresthillbaseball.com and he will keep a file of them to be used in future Opening Day programs.

Once again, I want to thank all that helped make this special day happen. Without our volunteers we would not have such a wonderful tradition that all look forward to.

Jeanne Rosas, President
Forest Hill Recreation Council

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Soccer

Mike Geier

Program Overview

Believe it or not, the registration process for the fall soccer season is about to begin. We had a very successful season in 2011 and are looking forward to a great year ahead.

Find the month and year that your child was born in the table below and that will tell you the age group in which your child should register.

[Click here to view the age group table](#)

The 5 year-old program is for boys and girls who are five years old by August 31st. Children in the U8 program play once per week on Saturdays and play on the smaller sized fields. Boys and girls in the U9 through U11 age groups will be playing on the smaller-sized fields with eight players per team on the field. The U13 and above age groups will play on the full-sized fields with 11 players per team on the field.

Registration

Fall soccer registration will be held on the following dates:

Saturday, May 5th 11AM – 2PM

Saturday, May 12th 11AM – 2PM

Registration will be held at the Forest Hill Rec. Complex pavilion.

Travel soccer try-outs begin June 1st.

Please make every effort to complete and submit your registration forms during one of the two registration dates. You may also mail your registration form or register online through June 15th at www.foresthillsoccer.net. Forms submitted through the mail should be received no later than June 15, 2012. Forms are included within this newsletter and

are also available on the website at www.foresthillsoccer.net.

Mail to: Michael Geier
1730 Grafton Ridge Court
Forest Hill, MD 21050

Registration will end on June 15, 2012.

Fees

The fees for the 2012 rec. soccer season are as follows:

5 Year-Olds: \$45
Under 8: \$55
Under 9 and above: \$70

There is a family maximum registration fee of \$160.

All checks should be made payable to FHRC.

Volunteers Needed

As with any sports program, we depend heavily on parent volunteers to help with a variety of matters, which include the following:

- Coaching or acting as assistant coach for your child's team;
- Helping with field maintenance matters; and
- Working in the concession stand

We need assistance in setting up our fields at the beginning of the season. If someone who is experienced in setting up the fields (initial lining and confirmation of field dimensions) would like to help, please let us know.

This work is extremely rewarding and quite a bit of fun. If anyone is interested in volunteering in any capacity in the soccer program, please contact Mike Geier at (410) 838-0193.

Improvements to the Program

We devote a significant amount of our program's resources to the upkeep of our fields. During the off-season, we re-sodded portions of all fields at the rec. complex. Additionally this past fall, portions of the fields at Blakes Venture and Friends Park were re-sodded. This continued focus on our fields will improve the quality of our program and maintain the appearance that all of us expect.

These improvements are funded with your registration fees and generous support from our annual fundraiser. Thanks for all that you do to make our program one of the best in the county.

Force Travel Soccer

The Forest Hill soccer program also offers travel soccer teams for players who are interested in playing at a higher level. The Force travel soccer program promotes growth and appreciation for the game of soccer by providing an environment where individuals can:

- Further develop their skills and understanding of the game.
- Learn leadership, teamwork, and sportsmanship.
- Develop physical fitness and mental awareness.
- Encourage courtesy, proper conduct and respect for players, officials, coaches and spectators.
- Create an atmosphere that inspires fun, growth and learning, while developing new friendships, and encouraging support in the community

The travel soccer program includes boys and girls teams from U8 thru U15. These teams typically practice twice a week starting around the first week in July and will have games on Saturday and/or Sunday beginning in September. They also participate in 2 or more weekend tournaments during the fall season.

Tryouts for the Force travel soccer teams begin around June 1st and you should contact the coach appropriate for your age group if you are interested in attending tryouts. The Force program does not require pre-registration nor does it require a non-refundable tryout or registration fee. We feel that you should have the opportunity to find a team that is right for you and your child without being bound by a monetary deposit. Force and coaches' contact information can be found at www.foresthillforce.com.

Program Contacts

For any additional information on the soccer programs, please visit www.foresthillrec.com or contact any of the following individuals:

Rec Program Coordinator - Mike Geier; 410-838-0193;
foresthillsoccer@comcast.net

Travel Coordinator - Bob Jacobs; 410-420-0250;
jacobssoccer@gmail.com

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Linda Ritter

Aerobics, Barbell, and Zumba classes are offered on a year round basis following the public school schedule with sessions beginning in January, April, June, and September. Morning, evening, and weekend classes are offered and held in Forest Hill. For programs that meet twice a week enrollment is open for both days or one day a week.

The morning Aerobics program meets on Tuesday and Thursday from 9:00-10:15 AM in the Forest Lakes Elementary School Activity Room. There is also an optional Saturday class which meets from 9:00-10:00 AM in the Forest Hill/Hickory Activities Center on Commerce Road. The evening Aerobics program meets on Monday and Wednesday from 6:00-7:15 PM in the Forest Hill Elementary School gym. In the summer classes are held in the Forest Hill/Hickory Activities Center. Barbell classes are offered on Monday and Wednesday from 9:00-10:00 AM in the Forest Hill/Hickory Activities Center. The program provides barbells and hand weights. The Zumba program is currently offering 6-week continuous sessions at the Forest Hill/Hickory Activities Center on Saturday mornings from 10:00-11:00 AM, with an evening class to be added in the fall. Enrollment for this program is open on a pro-rated basis.

For program and registration information on winter, spring, summer, and fall sessions contact Linda Ritter 410-838-1345.

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Art Program

Nicki Jergensen

Building Self-Esteem Through Art One Child at a Time

!!! PAINTING !!!

Wednesday: Elementary School Students

May 9th, 16th, 23rd, 30th

Inclement Weather June 6th

\$57

!!! DRAWING !!!

Friday: Middle School Students or students from previous sessions

May 11th, 18th, 25th, June 1st

Inclement Weather June 8th

\$57

!!! DIGITAL PHOTOGRAPHY !!! DRAWING !!! PAINTING !!!

Summer Camps (Elementary & Middle - 2 groups)

June 25th - 29th, July 16th - 20th

\$150 per week

Pre-registration may be completed online @

www.explorationartschool.com

[Click here to see our complete flyer](#)

E-mail nickijergensen@mac.com with questions or call 410-652-6411.

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Spring Tennis Clinics for Adults and Kids

Lori Phillips

Starts in May – Openings Still Available in Classes.

Different Classes for Children ages 4 through 11 using the U.S.T.A. Quickstart format on Tuesdays and Thursdays.

Also offering Adult Clinics for Beginners and Advanced Beginners with day or evening times. To download an application and for more information including dates, times, and prices, please go to www.foreshillrec.com and select Tennis listed under Adult or Youth Programs.

Call or e-mail PTR Tennis Instructor, Lori Phillips with questions or if you need further information on any of the adult or children's clinics offered. Space is limited – so don't wait. Call (443) 299-6606 or e-mail blplap@comcast.net.

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Women's Adult Doubles and Singles Match Play

Lori Phillips

Starting week of 5/29 to 8/21.

Women's Intermediate Doubles Tennis on Tuesday Nights from 6-8pm.

Also, now being offered, an advanced beginner/intermediate singles ladder where you call to schedule your own matches. Cost \$25 for doubles or singles/\$30 total to participate in both.

Go to www.foresthillrec.com select Tennis listed under Match Play for an application.

If need more information, call or email Wendy Bauer 443-504-4326 or baur.wendy@yahoo.com

Competitive doubles and singles players contact Wendy for other opportunities

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Youth Tennis

Our Youth Tennis program starts on Monday June 18th and ends on Thursday July 26th. Ages 6 to 16. Classes are 1 hour each and start at 8:30am, 9:30am, 10:30am and 11:30am. The cost is \$55.00 for 2 days a week or \$110.00 for 4 days a week. Registration day is Saturday May 19th from 9am to 10am at the tennis courts gazebo.

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FUNdamentals

Jennifer Goble



May 1-June 11

Monday Classes Only 5 Weeks

Closed, Monday, May 28

Summer Session: July 9-August 14

Theme: Under The Sea

Parent & Me classes by FUNdamentals at the Forest Hill/Hickory Activities Center.

Come enjoy a 6-week session of FUN with your child.

Each class will consist of music & movement, obstacle courses, exploration into letters, numbers, colors & shapes, bubbles, balls, parachute FUN, circle time & more.

Cost: \$59 for 6-week session (once a week for 45 minutes).

****Monday Classes Only \$49****

Register by phone, 443-484-2512 or online at www.fundamentals123.com.

After you have registered by phone or email, payment by check can be mailed to:

FUNdamentals, P.O. Box 491, Abingdon, MD 21009.

Monday

9:30-10:15 Wiggle Worms/Dancing Dragonflies
(19 mos.-3 1/2 yrs)

10:30-11:15 Dancing Dragonflies (2 1/2-3 1/2 yrs)

11:30-12:15 Leaping Lizards (3-5 yrs without parent)

Tuesday

9:30-10:15 Wiggle Worms/Dancing Dragonflies (19 mos.-3 1/2 yrs)

10:30-11:15 Wiggle Worms/Dancing Dragonflies (19 mos.-3 1/2 yrs)

Wednesday

9:30-10:15 Busy Bees (12-18 months)

10:30-11:15 Wiggle Worms (19 mos.-2 1/2 yrs)

Thursday

9:30-10:15 Busy Bees (12-18 months)

10:30-11:15 Dancing Dragonflies (2 1/2-3 1/2 yrs)

11:30-12:15 Leaping Lizards (3 -5 yrs without parent)

If you have children of different ages, but would like to do a class together, you may register them in the older child's age

group.

Join Anytime, We Pro-rate!!

443-484-2512

FUNdamentals123.com

Jennifer Goble

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Fall Baseball

Chris Benjes

This fall, Forest Hill Baseball is participating in both the Baltimore County Major League (BCML) Travel program AND the North Harford Fall Baseball League (NHFBL). All kids currently ages 8 to 15 who will be at least 9 and not more than 16 years old by April 30, 2013 are invited to sign up for Forest Hill Fall Baseball.

The NHFBL in-house program will have teams in the 9-10, 11-12 and 13-15 age groups. Players for this league will be placed on a team based on the age group the child will play in 2013 to give them a chance to prepare for next year. Try-outs are not necessary for participation in the In-house program! This is a register-and-play league, based on availability and number of teams.

This year we want to make sure we remain loyal to the kids from Forest Hill Rec, so players who register before June 30th and who played baseball for Forest Hill during the spring of 2012 will be given top priority and will be placed on teams before late-registrants and players from surrounding recreation council baseball programs.

The BCML Travel program will also have teams in the 9-10, 11-12 and 13-14 age groups, but this is a competitive league and teams will be selected by competitive try-out. Players for this league are invited to try-out for the age group based on what the child played in 2012. Because of its competitive nature, playing up in this league is not permitted except for extremely special cases.

All players wishing to attend our BCML Travel try-outs must register and pay for the Rec program before they will be allowed to try out. We will have registration forms available at the tryouts and you must be registered and paid before the player can try out. Such registration requirements show that

you are serious about playing for Forest Hill. In order to qualify for selection to a BCML-league team, players must make at least one try-out, and it is recommended that players attend as many try-out sessions as they can. Try-outs will only be held in mid-July.

Fees are to be determined. Please watch the Forest Hill baseball website for forms, dates and times. Players will also be notified for Fall Baseball registration during their in-house baseball games at Forest Hill. Hint: It is wise (and now a requirement) to sign up for the in-house program and then try-out for the Travel team. That way, the child will be on a team this fall even if he doesn't make the travel team. Any fees paid toward In-house will be transferred to Travel if he makes the team.

Refunds will only be given if requested via e-mail before team selection. After teams are selected, there are no refunds.

Fall Baseball runs from August through late October. Games are played on Sunday afternoons. For more information, contact Chris Benjes 410-893-6456, cbenjes@comcast.net.

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Adult Over-30 Softball

Chris Benjes / Cyndi Clark

The Forest Hill Adult Over-30 Softball League is now taking individual registrations for the 2012 summer season. We offer both a Men's division and a Women's division. Games are played on Friday evenings at 6:00 PM beginning July 6, 2012. The season wraps up with a championship tournament in mid-late September. All games are played at the Forest Hill Recreation Complex. Because of the number of available fields, the league must be limited to 9 teams for the Men's division and 6 teams for the Women's division. General registration for new players began April 22nd. This has become a popular league and there are a limited number of openings for new players. All talent levels are welcome. The league's primary emphasis is fun and friendship through softball. Registration is \$25.00 per player and continues through May 22nd on a first-come/first served basis until the league is filled. For information, please call Chris Benjes, (410) 893-6456, cbenjes@comcast.net or Cyndi Clark, 443-942-1341, cyndi_13838@msn.com.

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Dance

Pam Long

Our Forest Hill Dance Program serves the needs of dancers ages 3 and up through high school. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance. Our five instructors are skilled and dedicated teachers.

Our program begins in September and culminates with a large end of year production in the spring which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

All classes are held at the Forest Hill/Hickory Activities Center located at 2213 Commerce Road in Forest Hill where we have the use of two studios. Each are equipped with dance floors and mirrors with wall mounted barres in one of the studios.

Our schedule for next year's season will be ready in July. I encourage parents to begin contacting me in July to see what days/times are available for their child. Due to the structure of our dance classes, registration is not available online. However, a registration form along with our program details and newsletter can be emailed or mailed to parents who can then return the completed forms with their payment.

I want to share with everyone that this past holiday season, rather than give our instructors gifts, our parents helped raise \$600 for Operation Smile, enough to help several children with cleft conditions. What a great way to help others!

Detailed information about our program is available on our website at <http://www.foresthillrec.com/program.php?programID=65> (you can also go to www.foresthillrec.com & then click on Dance on the list of programs on the left side). Be sure to read our Introduction and then if you have any questions, please feel free to contact me directly.

Thank you -

Pam Long

Mypal06@verizon.net

410-836-5257

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Adult Baseball

Jerry Kalista

BALTIMORE BOHSOX

2010 Roy Hobbs 28+ AAA World Champions
HCABL Regular Season Champs 13 of the past 15 years
HCABL Tournament Champs 11 of the past 15 years

Please check us out on the web (foresthillrec.com)

THANK YOU 2012 SPONSORS!

Tony Barber – Glenn Gustafsson – Don Hopps – Jerry & Pat
Kalista – Kalista Enterprises (Scott Kalista) – Dave Pitz – Sean
Pollack

2012 TEAM ROSTER

Head Coach – Scott Kalista

Assistant Coaches – Jerry Kalista & Dave Pitz

Tony Barber: RHP – C – 3B

Tom Mariano: OF

Doug Blair: OF

Damian Michalak: 2B

Chip Bokel: OF

Zach Moye: INF – OF

Eric Frank: RHP

Darrick Muchla: OF

Al Gibbons: RHP

Dave Pitz: 2B – 3B – OF

Don Hopps: C

Sean Pollack: 1B

Dave Jones: RHP – C – 1B

Duane Reiswig: RHP – OF

Scott Kalista: LHP – 1B – OF

Tom Trela: RHP – SS

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College Scholarship

Chairman: Jerry Kalista

The Forest Hill Recreation Council began it's college scholarship

program with the 1994 – 1995 academic year. Since then, FHRC has awarded 54 scholarships totaling \$69,000.

CONGRATULATIONS!

2012 – 2013 \$1,000 College Scholarship Recipients
Sponsored by: Forest Hill Family & Cosmetic Dentistry

Jimmy Hock III
Emily Rosenberger
Ryan Stinar
Liz Thompson
Samantha Williams

2012 – 2013 \$1,000 “Connor McKeown Memorial”
Scholarship Recipient
Sponsored by: Connor McKeown’s Parents
and FHRC Baseball Coaches

Daniel Shifflett

Scholarship Selection Committee

Jerry Kalista (chairman) – Sandy Krause – Bill Plantholt – Deb
Norcross – Dennis Schultz

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Our mailing address is:
Forest Hill Recreation Council
PO Box 237
Forest Hill, MD 21050

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