

FOREST HILL RECREATION COUNCIL

ISSUE #05-3 *newsletter* September 2005

FROM THE PRESIDENT...

- Dave Brond

Unfortunately, it seems that as many of today's sports headlines are made off the field as on. As steroid use continues to be a hot topic, every sports parent, coach and player should be aware of some disturbing numbers. According to the National Institute on Drug Abuse, 3.4% of last year's high school seniors admitted using anabolic steroids at least once in their lives. Just as alarming, 1.9% of eighth-graders also admitted trying steroids.

We all can help this situation by starting an ongoing conversation that involves everyone - parents, coaches, athletes, teachers and medical professionals. Talk about fair play, the joys of playing sports and respect for your body, emphasizing the long-term health risks of steroid use, such as heart and liver complications and reproductive problems as well as immediate dangers of depression and fits of rage. Discuss news stories that involve steroids, but balance these headlines with examples of athletes who compete clean. Kids must know they can succeed without steroid use. Steroid use is not what sports should be about.

In order for sports and activities to flourish and help our children grow, we need positive people helping (volunteering) in a positive way. It is up to every one of us to make sure that our youth sports parents and kids create a positive recreation environment for our community. For more information on FHRC programs, visit www.foresthillrec.com. If you would like to get involved in your recreation council, as a coach, manager, team parent, concession stand worker, or in any other capacity, send us an email.

SHRIMP & BULL ROAST

*Saturday, October 22, 2005,
8:00 pm - 1:00 am,
Columbus Gardens,
6701 Klosterman Avenue*

Tickets are \$35.00 per person
*Menu includes Steamed Shrimp,
Pit Beef, Pit Ham, Shrimp Soup,
Open Bar & Much, Much More!!*

For information and tickets please call Jim Maguire
at 443-694-2407 or 410-365-8364

ON-LINE BASEBALL REGISTRATION COMING!

*There are plans this year to offer on-line
baseball/softball registration via our web page.*

Stay tuned for details!

*We will still offer the traditional walk-in and mail-in
registrations in mid-January, but on-line registration
will provide an added convenience as well as the ability
to use a check card or credit card to pay for the fees.*

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**VISIT THE FOREST HILL RECREATION
COUNCIL ONLINE AT
www.foresthillrec.com.**

FHRC GENERAL MEMBERSHIP & BOARD MEETINGS

The F.H.R.C. General Membership and Board of Directors meetings will be held at Forest Lakes Elementary School Activity Room at 7:00 PM on **September 26, October 24 and November 28** (Board). All general membership meetings are open to all interested parties.

BLEVINS PROPERTY UPDATE

The steering committee representing the Emmorton, Forest Hill and Hickory/Fountain Green Recreation Councils is continuing the development process with Harford County Parks & Recreation for the Blevins Property located on Shucks Road. Recently the committee, represented by Jerry Kalista, Bill Plantholt and Nelson White from FHRC, identified priorities for the property that included baseball diamonds, softball diamonds, full size soccer/lacrosse fields, a gymnasium with track, a multipurpose room for wrestling, martial arts, cheerleading, etc., office and meeting space, and parking.

FHRC COLLEGE SCHOLARSHIP

- Jerry Kalista



Up to five (5) One-Thousand Dollar (\$1,000) scholarships will be available for the 2006 - 2007 academic year.

To apply, applicants must have participated in the Forest Hill Recreation Council (any program/s) for a minimum of four years (in a non-paying capacity), be a high school graduate (as of September 2006), be attending college as a full-time student (as of September 2006) and include with the application a detailed list of the Forest Hill Recreation Council activities/programs participated in, as well as three letters of recommendation related to the FHRC College Scholarship and an essay explaining "Why I Should Receive the FHRC College Scholarship".

Anyone interested in applying for the 2006 - 2007 College Scholarship should check out the FHRC web site at www.foresthillrec.com. Completed applications must be submitted to the Scholarship Selection Committee no later than February 15, 2006.

FOREST HILL RECREATION COUNCIL NEWSLETTER

Staff

*Laura Brond, Editor;
Nelson White, Mailing Coordinator*

The FHRC Board of Directors and Program Chairpersons would like to extend a special thank you to Barbara Morlock for her efforts editing and producing the FHRC newsletter for the past four years.

OPENING DAY

- Deb Norcross

The weather ended up holding out for most of the day so our baseball/softball families could enjoy the Opening Day festivities. I hope everyone had a great time watching and/or participating in the parade, playing games, eating great food, taking a chance on the plant wheel, making bids on the silent auction items, as well as playing and watching the softball and baseball games!

I would like to say a "special thank you" to Debbie Flower, the outgoing Opening Day Chairperson. She allowed me to shadow her every move so the transition for me for next year will certainly be much easier! Working with Debbie, I realized how she always added a little extra touch to everything she did. I'm sure I speak for the entire Opening Day Committee and the Softball/Baseball program, when I say thank you for a job well done! I also appreciate the fact Debbie told me she was not totally going away!

I want to thank all the Opening Day Committee members: Tammy Bowman for helping co-chair the committee and taking care of the VIP invitations; Tom Callis for being the faithful handyman; Alice Rugemer for organizing the fun filled games; Joan Doody, Kathleen Ebner, and Karen DeMarco for gorgeously packaging and displaying items for the Silent Auction; Chris Cole and Dave Brozowsky for preparing delicious food; Sharon Smith for getting tickets distributed quickly; Pat Cummings for organizing the parade line up; Patty Cruikshank for running the plant table; Emily for spending most of the day at the face painting table; Bill McGovern for handling the coke and advertising the correct date for Opening Day on the Forest Hill Rec sign; Jean Schultz for being our treasurer, helping in the food tent as well as the concession stand; Lee Ann McComas for taking care of the concession stand *all day!* Thanks for your *many* hours of volunteering to make this day a success, it could not be done without each of you! I enjoyed meeting many of you for the first time and you all certainly made this committee a joy to be on and our monthly opening day meetings were a blast! I'll remember they have to be short in order to get home to see Idol!

I cannot begin to thank all the parents who contributed plants for the plant table and items for the silent auction table. The plant wheel table looked more like a greenhouse and the items for the silent auction were absolutely great! Thank you coaches and managers for ensuring your team's silent auction item made it to the Silent Auction Committee. Thanks to the parents who volunteered at the different tables throughout the day because without your help, there would not be an Opening Day! I would also like to thank those parents that were not signed up to help, but were there to fill in where they saw help was needed - setting up tents and tables, the food tent, and cleaning up before the evening down-pour! Also, thanks to the many players who helped with the games and face painting! It really says a lot about the players in our program when we see them giving back to the rec council.

Thanks again, you are all truly appreciated! According to the FHRC web site, our 2006 Opening Day is scheduled for April 22, so please put it on your calendar now!

FOREST HILL BASEBALL

- Chris Benjes

SPRING BASEBALL WRAP-UP:

The spring baseball season wrapped up its 2005 season with very exciting and well-played tournaments. Both age groups competed in pool-play to determine the 4 finalists that went head-to-head in a very evenly matched set of games. An interesting note that the finals for baseball's in-house tournament pitted the Red Sox against the Cubs in both the 9-10 and 11-12 age groups. In 9-10, the Red Sox edged out the Cubs, while the 11-12 Cubs prevailed over the 11-12 Red Sox in two very exciting games. Congratulations to all!

The Forest Hill baseball season finally ended with a spectacular day of all-star games on June 26, complete with a genuine home-run derby. Thanks to all who volunteered, played and attended.

FALL BASEBALL:

Forest Hill Fall Baseball is in full swing as the leaves turn colors and the air begins to turn chilly. This year, we have 3 teams in the Baltimore County Major League (BCML) consisting of 9-10, 11-12 and 15-18 year olds. Fall ball is a chance for players and coaches to continue to increase their skills by trying new positions and strategies in a less-competitive setting than the spring leagues. The season consists of 10 Sunday afternoon games and a mid-season tournament. Good luck to all teams!

In addition to the BCML teams, Forest Hill also put together a group of 8-9 year olds who are playing as the Forest Hill team in the Churchville in-house program. Good luck and have fun!

NEW AGE-GROUP DETERMINATION DATE

VERY IMPORTANT: Beginning in 2006, youth baseball nationwide has decided to move the age cutoff date from July 31st back to April 30th. Starting with registration this January, April 30th will be the date used to determine the proper age group in which the players will be placed. The baseball page of the Forest Hill web site (www.foresthillrec.com) contains a table that explains the new age group delineation.

2006 BASEBALL KICK-OFF MEETING

Meetings for the 2006 baseball program are always the second Monday of the month from October through April. This year's season kicks off on Monday October 10th at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. Anyone interested in volunteering for 2006 should plan to attend. Potential team managers and age group directors need to attend as many meetings as possible. Attendance at baseball meetings in January, February and March will be used as criteria in the final selection of managers for 2006.

FOREST HILL OVER-30 MEN'S SOFTBALL

- Chris Benjes

The Forest Hill Men's Over-30 Softball League is wrapping up its fourth season in mid September with the annual championship tournament. Winners receive nothing more than bragging rights and the chance to defend their title next year, but all have fun competing on Friday evenings throughout the summer. This year, the league max'ed out with an unprecedented 140 players on nine teams playing weekly double-headers at the Complex.

2005-2006 Baseball/Softball Schedules

Oct 10, 2005	Baseball/Softball Meeting @ FLES (7:30 pm)
Nov 14	Baseball/Softball Meeting @ FLES (7:30 pm)
Dec 12	Baseball/Softball Meeting @ FLES (7:30 pm)
Jan 9, 2006	Baseball/Softball Meeting @ FLES (7:30 pm)
13	Baseball/Softball Registration @ FLES (6 – 9 pm)
14	Baseball/Softball Registration @ FLES (10 am – 2 pm)
20	Baseball/Softball Registration @ FLES – 6 – 9 pm
21	Baseball/Softball Registration @ FLES (10 am – 2 pm)
23	General Membership Meeting @ FLES (7 pm)
February 13, 2006	Baseball/Softball Meeting @ FLES (7:30 pm)
4	Baseball 9-10 In-House Evaluations @ Grand Slam
	Baseball 9-10 Travel Evaluations @ Grand Slam
11	Baseball 11-12 In-House Evaluations @ Grand Slam
	Baseball 11-12 Travel Evaluations @ Grand Slam
18	Baseball 13-15 In-House Evaluations @ Grand Slam
	Baseball 13-14 Travel Evaluations @ Grand Slam
	Baseball 7-8 Travel Evaluations @ Grand Slam
March 13, 2006	Baseball/Softball Meeting @ FLES (7:30 pm)
17	Early registration for 2006 Men's Softball begins - returning players/teams ONLY!
	Baseball Draft for 9-10 Age Group @ FLES (7:30 – 9 pm)
18	Baseball Draft for 7-8 and 11-12 Age Group @ FLES (Noon - 3 pm)
	Baseball Draft for 13-14 Age Group @ FLES (3 - 6 pm)
April 1, 2006	In-House Practices Begin
10	Baseball/Softball Meeting @ FLES (7:30 pm)
15	5-6 Age Groups Begin for Baseball & Softball
21	Complex & Field Maintenance Day
	Early registration for 2006 Men's Softball ends
22	BASEBALL/SOFTBALL OPENING DAY
	General registration for 2006 Men's Softball starts
May 27, 2006	Deadline for ALL 2006 Men's Softball registration forms
June 12-23, 2006	In-House Baseball Tournament
25	All-Star Day
July 7, 2006	Men's 2006 Softball season STARTS
Aug 5, 2006	Baseball Equipment Turn-in Day
7	Baseball/Softball Wrap-up Meeting @ Art Rutledge Pavilion
Sept 22, 2006	Men's 2006 Softball season ENDS

*Forest Hill / Fountain Green / Churchville
Combined Basketball Program Information*

Welcome to the 2005 / 2006 boys and girls basketball season. We are excited and anticipating another banner year for the basketball program. Last year we broke the 1400 participant barrier and we feel that we will exceed 1500 this year. With this in mind, please take the time to ensure that you have read all of the following information and follow the instructions set forth regarding evaluations. **WE WILL NOT CALL YOU FOR EVALUATIONS IF YOU ARE MAILING YOUR REGISTRATION IN, IT IS YOUR RESPONSIBILITY TO SHOW UP.** One major change this season is that most of the “In-house” evaluations occur prior to the travel tryouts. Even if you are trying out for travel you are expected to attend the “In-house” evaluations. Please help to save us phone calls by showing up at your appointed time. All evaluations are based on the last name of the player. Thanks in advance for your anticipated cooperation.

The following information is here within the newsletter.

- **MAIL IN REGISTRATION FORM** (has a deadline, no exceptions)
E-mail applications will not be accepted!!!!
- **COACHES APPLICATION FORM** (return with application, plan on attending meeting)
- **IN-HOUSE AND TRAVEL EVALUATION DATES, TIMES, LOCATIONS, ETC.**
(Please help us by showing up to your “In-house” evaluation on time)

If you have any questions please feel free to call me (Nelson White) at 410-893-4175.

If you have an interest in stepping up and helping, we need the following Age Group Directors:
5/6 Coed Clinic 13/16 Girls 11/12 Girls 15/18 Boys If interested please call me!

In-person Registration Information

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>
September 20, 2005	Tuesday	6:00 – 8:00 pm	Forest Lakes Elementary Lobby
September 22, 2005	Thursday	6:00 – 8:00 pm	Fountain Green Elementary Lobby
September 24, 2005	Saturday	10:00 – 12:00 noon	Churchville Rec Center Meeting Room
September 24, 2005	Saturday	1:00 – 3:00 pm	Forest Lakes Elementary Rec Room
September 27, 2005	Tuesday	6:00 – 8:00 pm	Fountain Green Elementary Lobby
September 29, 2005	Thursday	6:00 – 8:00 pm	Forest Lakes Elementary Lobby
October 1, 2005	Saturday	10:00 – 12:00 noon	Fountain Green Elementary Lobby
October 1, 2005	Saturday	1:00 – 3:00 pm	Forest Lakes Elementary Rec Room

Should you have any questions please feel free to call Nelson White at 410-893-4175.

**5/6 Coed Clinic players called by Sun, Nov.20th, program starts Sat, Dec 3rd at Churchville Elem
7/8 Girls & 7/8 Boys will be called by Sun, Oct.30th, practices start week of Oct. 31st**

IN-HOUSE EVALUATION INFORMATION

In-house evaluations are mandatory. Please show up at appointed time base on letter of last name.

9/10 Boys In-house evaluations

CM Wright High School

Saturday, October 22, 2005

9:15am-10:30am A-F

10:45-12:00pm G-L

12:15-1:30pm M-R

1:45-3:00pm S-Z

9/10 Girls In-house evaluations

Churchville Rec Center

Monday, October 24, 2005

6:00-7:15pm A-F

7:15-8:30pm G-L

Thursday, October 27, 2005

6:00-7:15pm M-R

7:15-8:30pm S-Z

11/12 Boys In-house evaluations

Churchville Rec Center

Saturday, October 15, 2005

9:15-10:30am A-F

10:45-12:00pm G-L

12:15-1:30pm M-R

1:45-3:00pm S-Z

11/12 Girls In-house evaluations

Churchville Rec Center

Monday, October 17, 2005

6:00-7:15pm A-F

7:15-8:30pm G-L

Thursday, October 20, 2005

6:00-7:15pm M-R

7:15-8:30pm S-Z

13/16 Girls In-house evaluations

Churchville Rec Complex

Saturday, November 19, 2005

9:00-10:15am A-L

10:30-11:45am M-Z

13/14 Boys In-house evaluations

Harford Tech High School

Wednesday, November 2, 2005

7:00-8:15pm A-F

8:15-9:30pm G-L

Thursday, November 3, 2005

7:00-8:15pm M-T

8:15-9:30pm S-Z

15/18 Boys In-house evaluations

Saturday, November 12, 2005 Churchville Rec Center

Saturday, November 19, 2005 Churchville Rec Center

9/10 Boys Travel tryouts

Churchville Rec Center

Saturday, October 22, 2005

3:30-5:30pm

CM Wright High School

Wednesday, October 26, 2005

7:00-8:30pm

Thursday, October 27, 2005

7:00-8:30pm

9/10 Girls Travel tryouts

CM Wright High School

Wednesday, October 26, 2005

7:00-8:30pm

Churchville Rec Center

Saturday, October 29, 2005

9:00-10:30am

11/12 Boys Travel tryouts

Churchville Rec Center

Saturday, October 22, 2005

11:30-1:30pm

Harford Tech High School

Tuesday, October 25, 2005

7:00-9:00pm

11/12 Girls Travel tryouts

Churchville Rec Center

Saturday, October 22, 2005

9:00-11:00am

CM Wright High School

Tuesday, October 25, 2005

7:00-9:00pm

13/14 Girls Travel Tryouts

Churchville Rec Center

Saturday, November 5, 2005

9:00-10:30am

Saturday, November 12, 2005

9:00-10:30am

13/14 Boys Travel Tryouts

Churchville Rec Center

Saturday, October 29, 2005

10:30-12:30pm

Saturday, November 5, 2005

11:00-1:00pm

CM Wright High School

Wednesday, November 9, 2005

7:00-9:00pm

11:00 – 12:30pm A-L

11:00-12:30pm M-Z

Questions call Nelson White at 410-893-4175

Harford County Department of Parks & Recreation **2005 – 2006 Basketball Registration**
 Combined Program: Forest Hill, Churchville, Hickory Fountain Green Rec Councils

Last Name: _____ Mothers Name: _____

Telephone: _____ Fathers Name: _____

Address: _____ City: _____

Zip Code: _____ E-mail (optional) _____

INSTRUCTIONS

Please fill out information requested below for each child being registered. Determine the AGE GROUP by your child's age on December 31, 2005. Fill in the CODE appropriate for that age group. Please note any medical conditions in the space provided. Please put an "X" in each box that your child **CANNOT PRACTICE**. Total the fees and make check payable to: Forest Hill Rec.

<i>We may not be able to honor all car pool requests</i>				<i>Please measure your child and add their height below</i>						
Did your child/ren play last year?				What age groups?						
Coach / Coaches?										
CHILD FIRST NAME	D/O/BIRTH	CODE	MEDICAL CONDITIONS	M	T	W	TH	FR	HEIGHT	FEE
	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1
	1	1	1	1	1	1	1	1	1	1

Comments: _____
 I understand that I/my child will not be covered by any program insurance, and I agree that I will not hold the team, program, coach instructor, or recreation council responsible for injuries received while participating in the above noted program.

Parents Signature: _____ Date: _____
 Signature required for all participants under of 18 years of age. **REGISTRATION FEES ARE NOT REFUNDABLE**

WE NEED VOLUNTEERS !! Please help us to run an effective program. I would like to volunteer as: Head Coach (), Asst. Coach (), Age Group Director (). *** Head coaches and assistant coaches must fill out coaching form on back of application.**

<u>CODE</u>	<u>AGE GROUP</u>	<u>LOCATION</u>	<u>TIMES</u>	<u>** FEE</u>
A	5/6 Boys & Girls Clinic	Churchville Elementary	Saturdays only	\$ 30
B	7 Boys Instructional	Fountain Green / Hickory Elem	1 Weeknight / Saturdays	\$ 40
C	8 Boys Instructional	Fountain Green / Hickory Elem	1 Weeknight / Saturdays	\$ 40
D	9/10 Boys League	Forest Hill Elementary	1 Weeknight / Saturdays	\$ 45
E	11/12 Boys League	Churchville Rec Center	1 Weeknight / Saturdays	\$ 50
F	13/14 Boys League	Harford Tech / CMW High	1 Weeknight / Saturdays	\$ 55
G	*15/18 Boys League	Harford Tech / CMW High	Weeknight & Sat games	\$ 60
(*18 year olds must be currently attending high school, no graduates)				
H	7/8 Girls Instructional	Hickory Elementary	1 Weeknight / Saturdays	\$ 40
I	9/10 Girls League	Forest Lakes Elementary	1 Weeknight / Saturdays	\$ 45
J	11/12 Girls League	Forest Lakes / HT / CMW High	1 Weeknight / Saturdays	\$ 50
K	13/16 Girls League	CMW / Harford Tech High	1 Weeknight / Saturdays	\$ 55

**** Family fees:** Less than 3 children, each pays full fee. 3 children the 3rd child gets a \$15 dollar discount. 4th child or more play for no additional charge.,

Rec Council Rep only: Amount Paid:	Check #:	Cash
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** Mail all registrations, both boys and girls to: Nelson White, 1305 Christopher Court, Bel Air, MD 21014

Registrations postmarked after FRIDAY, September 30th will not be accepted. NO EXCEPTIONS !

MAIL IN ONLY: Are you trying out for Travel? If yes, what child and age group? _____

You will not be called for evaluations, please show up at the times listed within. Questions, call 410-893-4175.

2005-2006 Basketball Volunteer Coaching Application

Name: _____

Home Phone: _____ Work Phone: _____

E-mail Address: _____

Did you coach last year ? YES NO Head or assistant? H A
What age group did you coach? Boys or Girls? In-house or Travel?

If you coached last year, what do you feel were some of your contributions to the program as a whole and your team and players in particular?

Coaching preference for this season: Please circle all applicable answers

In-house Boys 5/6 Clinic	7	8	9/10	11/12	13/14	15/18
In-house Girls 5/6 Clinic	7/8	9/10	11/12	13/16		
Travel Boys	7/8	9/10	11/12	13/14		
Travel Girls		9/10	11/12	13/14		

Reason you desire to coach in our program: _____

Previous outside of Recreation programs coaching experience: _____

Your child's name: _____ Age Group: _____

***** You are strongly encouraged to attend a pre-season coaches meeting to be held at the Churchville Rec. Center on Thursday, October 13, 2005 at 7:00pm. The meeting will last approximately 2 hours. This is our one group meeting and we need your participation and input. Thanks in advance for you anticipated cooperation!!***

CHIEF UMPIRE COORDINATOR NEEDED:

The Baseball/Softball programs are still looking for a Chief Umpire coordinator to handle the scheduling and payroll of the Forest Hill umpires. If you are interested, please call **Jeanne Rosas, 410-893-8785** for details.

MANY THANKS!

Forest Hill Baseball would also like to thank Jeanne Rosas for her many years of hard work devoted to the baseball programs. Jeanne has decided to slightly minimize her role in the baseball program by acting as the assistant baseball director for 2006 in order to transition the league over to her successor. Jeanne has had a tremendous impact on the baseball and softball programs and her work is very appreciated.

The Basketball Program is now Online at foresthillrec.com

*Click on any of the
basketball links to get information.
Be sure to check out the
"FAQS", (Frequently Asked Questions
page), for additional program info.*

IMPORTANT!
**Mail In Basketball
Registration
FAST APPROACHING!**

Forms Due By SEPTEMBER 30TH!

Please see enclosed information!

Non-Profit
US Postage
PAID
Forest Hill, MD
21050
PERMIT No. 17

Forest Hill Recreation Council
P.O. Box #333
Forest Hill, Maryland 21050