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Fall  
2015  
NEWSLETTER

Welcome to the Fall 2015 Forest Hill Rec Council Newsletter.

## ADULT SLOW-PITCH SOFTBALL

**Chris Benjes**

**ADULT SOFTBALL** -- The Forest Hill Adult Softball program concludes its 14<sup>th</sup> season this month for both the Men's and Women's divisions. Again this year we are max'ed out with adults on ten Men's teams and six Women's teams, all having fun playing softball on Friday nights throughout the summer. Once again, the season will end with the annual cook-out party at the pavilion following the Men's Championship game. Registration for 2016 will start in February for returning players and registration for new players (if space allows) begins in April. Contact Chris Benjes, 443-640-4400, [cbenjes@foresthillbaseball.com](mailto:cbenjes@foresthillbaseball.com) for information.

# YOUTH BASEBALL

**Chris Benjes**

**FALL BASEBALL** is in full swing now as the summer sun fades into the colors of autumn. Once again we have teams in the Northern Harford Fall Baseball League and in HCTB. Fall ball is a fun, non-competitive season where players prepare for next year by working on new skills and new positions. Registration for Fall Ball happens in May and June and games are played on Sundays from August through October. Best of luck to all teams!

**THE 2015 SPRING BASEBALL SEASON** ended in late June with the end-of-year tournaments and the annual all-star games. In the 9-10 Championship, the Tigers and Angels battled for the title with the Angels coming out on top. In 11-12, the Orioles beat the Yankees for the 11-12 Rec Championship. For the All-Star Home-Run Derby on June 20th, official Cooperstown Bats were awarded as prizes to the players with the most home runs in the 7-8, 9-10, 11-12 and 13-15 age groups: Anthony Russo, Max Polun, Ethan Keggins and Joey Krause. Congratulations to all on their fine performances.

**2016 SPRING REC BASEBALL REGISTRATION:**

**ON-LINE AND MAIL-IN** for spring baseball and softball starts January 1, 2016. We also have two walk-in registration sessions at Forest Lakes Elementary School scheduled for January 9th and 16<sup>th</sup> from 11 am until 2 pm. Registration will be here before you know it!

Please keep in mind that we offer an early-bird discount for registration in January. Some age groups fill up fast. ***Don't wait until March to register when***

*you will have to pay a considerable late fee and run the risk of being placed on a waiting list. The earlier you register, the better it is for us AND you.*

**2016 SPRING BASEBALL MANAGERS/COACHES:**

We are currently taking applications for managers and coaches for the 2016 spring baseball season.

Anyone with the desire to teach and coach baseball to our players ages 5 through 19 are welcomed to apply. **All managers and coaches – returning or**

**new – must fill out a Coaches Application form**

**available on [www.foresthillbaseball.com](http://www.foresthillbaseball.com) by**

**December 1 so we can plan for the season.**

**2016 FOREST HILL TRAVEL BASEBALL** teams for ages 7 through 12 will have sign-ups at the January registrations and tryouts will be held during the first weekend of February 2016. Mark your calendars now.

**THE MONTHLY BASEBALL/SOFTBALL MEETINGS**

for the 2016 season are held on the second Monday of each month from November through April at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. This year's first meeting is Monday November 9th. Anyone interested in volunteering for 2016 should plan to attend this and every meeting.

Volunteers also need to complete an application so we can include you in the planning for 2016.

Attendance at baseball meetings in January, February and March are the most important and all managers need to attend these meetings. We have heard too many people say, "I didn't know that about Forest Hill Baseball." If you attended the baseball meetings, you *would* know. All are welcome.

**SCOREBOARD OPERATORS.** We are looking to hire several teens age 14 and up who would like to operate the electronic scoreboard on Field 1 on weeknights and weekend days during the spring

season. The fee is \$20 per game. Applicants must be responsible and attentive to the games being played in order to ensure proper accuracy. If interested, please contact Chris Benjes, 443-640-4400, [cbenjes@foresthillbaseball.com](mailto:cbenjes@foresthillbaseball.com).

**UMPIRES** -- The Forest Hill Baseball Umpire program is looking for youth umpires for evening games on Mondays, Thursdays, Fridays, and Saturday mornings in the spring. Potential umps should sign up at the baseball registration sessions in January. Umpires must be at least 14 years of age by May 1, 2016 and must complete the free training program in March. All umpires are paid per game. If interested, please contact Chris Benjes, 443-640-4400, [cbenjes@foresthillbaseball.com](mailto:cbenjes@foresthillbaseball.com).

## ZUMBA FITNESS

Marcela Miller, Certified Instructor

If your exercise routine feels like a bore, then join the exhilarating dance-fitness sensation! Zumba exercise classes are “fitness-parties” that blend world rhythms with easy-to-follow choreography, for a total workout that feels like a celebration. Zumba is for everyone and every fitness level, so ditch the workout and join the party!

Saturdays 9:30 – 10:30AM

Forest Hill/Hickory Activities Center Studio B

September 26, 2015 – December 19, 2015. Winter session Fee: \$50.00.

Please call Linda Ritter 410-838-1345 for registration information.

## DANCE

Pam Long 410-836-5257 [Mypal06@verizon.net](mailto:Mypal06@verizon.net)



At Forest Hill Dance we offer class to ages 3 and up through high school. Our schedule includes Ballet, Tap, Jazz, Modern, Lyrical, Pointe and Musical Theatre. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance.

Our staff of instructors are skilled and dedicated teachers. Our two studios, located in the Forest Hill/Hickory Activities Center, in Forest Hill, MD, are equipped with dance floors, mirrors and wall mounted barres.

Our program begins in September and culminates with a large end of year production in the spring in which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

Registration began in mid-July but we do still have some openings. If you are interesting in registering your child, email or call me with the age of your child as of 9-1-15 and I will let you know what options we have for you. A registration form along with our newsletter can be emailed or mailed to parents who can then return the completed forms with their

payment.

Detailed information about our program is available on our website at

[http://www.foresthillrec.com/program.php?](http://www.foresthillrec.com/program.php?programID=65)

programID=65 (you can also go to

[www.foresthillrec.com](http://www.foresthillrec.com) and then click on Dance on the list of programs on the left side). Be sure to read our

Introduction and then if you have any questions,

please feel free to call or email me.

## **TENNIS**

**Tennis Clinics Available For Adults and Juniors  
this Fall 2015**

Have you or your child ever wanted to learn to play tennis?

### **Adult Beginner and Advanced Beginner Tennis Clinics.**

Have fun learning to play or brush up on your strokes, and meet new people.

Application with days and times is available by clicking [here](#).

### **Juniors ages 5- 15 after school classes using the U.S.T.A. Quickstart format.**

We use appropriate size balls and nets to accommodate different ages. 9-15 year olds use regular standard balls and court. Application with days and times is available by clicking [here](#).

### **All Classes start Labor Day Week!**

Lead Instructor: Lori Phillips – USPTR Certified  
Please e-mail [LP4tennis@gmail.com](mailto:LP4tennis@gmail.com) or call (443) 299-6606 to see if there is still room in the class before you mail your registration or if you have any

questions.

**Cardio tennis classes and private lessons also available.**

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**Our mailing address is:**

**Forest Hill Rec Council**

**PO Box 237**

**Forest, Hill, MD 21050**

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